



Personal Development Curriculum Overview: KS3 and KS4 (please see separate KS5 overview)



Teaching Weeks	Assembly	Expert Lead	National Themes	Expert Lead	Expertly Planned Topical Thursday	Well-being Wednesdays – Expertly planned by Natalie Wood (Mental Health and Well-being Coordinator)	PSHE Curriculum - Expertly planned by Toni Harper (Head of the PSHE Department)
Week 1: 6/9	School Standards/ WHBKTP/ My Character Counts	Senior Leadership Team	8 th September - International Literacy Day	Alison Millington – Literacy Curriculum Lead, Second in English Shelley Devine – Literacy Curriculum Lead, Second in English	'Finance throughout life' - Expertly planned by the Business+ Finance Department Year 7: 'Income and Budgeting' – Budgeting, banking and types of credit. Year 8: 'Personal Finance' – Budgeting, household expenses and types of loans. Year 9: 'Sourcing Finance' – Credit vs debit, employment and savings accounts. Year 10: 'International Trade' – Currencies, exchange rates and imports vs exports. Year 11: 'The economy' – Economic growth vs inflation, trade and economic sustainability.	The whole school well-being theme will be 'Connect' Year 7 and 8: Introduction to Well-being Wednesday, reporting, discussing emotions, exploring how emotions impact on other people, friendships and problem solving, mental health themes and conflict resolution. Years 9-11: Introduction to Well-being Wednesday, reporting, discussing complex emotions, exploring how emotions impact on other people, friendships and problem solving, mental health themes and scenario-based conflict resolution.	Year 7: Families Committed stable relationships, marriage and other types of long-term relationships and the laws relating to forced marriage and honour-based violence. Year 8: Respectful Relationships Healthy friendships, practical steps to improve and support relationships, bullying, identifying harmful behaviour online, respect, stereotypes, equality, hate crime, sexual harassment and sexual violence, coercive control and domestic violence and criminal behavior within relationships. Year 9: Respectful relationships Healthy friendships, practical steps to improve and support relationships, bullying, identifying harmful behaviour online, respect, stereotypes, equality, hate crime, sexual harassment and sexual violence, coercive control and domestic violence and criminal behaviour within relationships. Year 10: 'How can I keep Safe and Happy?' – Lessons on rotation Session 1 – Respectful Relationships: Consent, coercive control, criminal behaviour within relationships and domestic violence.
Week 2: 13/9	Safeguarding Assembly and Healthy Family Team Assembly	Designated Safeguarding Leads Ali Bugg – Healthy Families Team					
Week 3: 20/9	Cognition and memory	Tom Garner – Deputy Head of School	20 th September – Recycling Week 26 th September -European Day of Languages	Rachael Bloomer – Head of the Geography Department Alex Davies – Head of the Languages Department			
Week 4: 27/9	Live feedback and purple pen	Hannah Law – Assistant Headteacher	ADHD Awareness Week	Rachel Brentley – SENDCO			
Week 5: 4/10	Black History Month	Faye Starkey –Head of the History Department	1 st October – 31 st October – Black History Month 7 th October – World Smile Day 10 th October - World Mental Health Day	Faye Starkey – Head of the History Department Natalie Wood – Mental Health and Well-being Coordinator Natalie Wood – Mental Health and Well-being Coordinator			
Week 6: 11/10	Mental Health and Well-being Assembly	Natalie Wood – Mental Health and Well-being Coordinator	11 th October – World Obesity Day	Amelia Hall –Head of the Physical Education Department			
Week 7: 18/10	Achievement Assembly	Heads of Year	21 st October – Conflict Resolution Day 22 nd October – Show Racism The Red Card	Natalie Wood – Mental Health and Well-being Coordinator Alison Millington – Literacy Curriculum Lead, Second in English Shelley Devine – Literacy Curriculum Lead, Second in English			
HALF TERM							
Week 8: 1/11	School Standards – Extended Tutor Set	Heads of Year			'Being a Global Citizen' - Expertly Planned by the Geography Department	The whole school well-being theme will be 'Give'	Year 7: Respectful relationships Healthy friendships, practical steps to improve and support relationships, bullying and identifying harmful behavior online. Year 8: Online and Media Behaviour expectations online, sharing material online, online risk (including nudes and grooming), reporting material online and managing online issues, the law around sharing indecent images of children, the online world vs the physical world, the laws about online behaviour, radicalization/extremism, the impact of viewing harmful content and sexually explicit material. Year 9: Intimate and Sexual Relationships Positive and healthy intimate relationships, consent, health and sex and relationships, managing sexual pressure, contraception, sexually transmitted infections. Year 10: 'How can I keep Safe and Happy?' - Lessons on rotation Session 1 – Respectful Relationships: Consent, coercive control, criminal behaviour within relationships and domestic violence.
Week 9: 8/11	The Importance of Oracy	Alison Millington - Literacy Curriculum Lead, Second in English Shelley Devine - Literacy Curriculum Lead, Second in English	11 th November - Remembrance Day 13 th November - Children In Need 13 th November – World Kindness Day 14 th November - World Diabetes Day	Faye Starkey – Head of the History Department Heads of Year Natalie Wood – Mental Health and Well-being Coordinator Amelia Hall – Head of the Physical Education Department	Year 7: 'Climate change is a natural phenomenon that can't be stopped. Do you agree' – Evidence, effects and reducing Climate Change. Year 8: 'Is the Geography of Russia a curse or a benefit?' – Location, biomes and economy of Russia. Year 9: 'Why is the Democratic Republic of Congo one of the poorest countries in the world?' – Demographics, opportunities and challenges of the DRC. Year 10: 'Is Nottingham a multi-cultural city?' – The Windrush generation in Nottingham, the Nottingham Race Riots and celebrating diversity in Nottingham. Year 11: 'How can I learn more about the world around me?' – Maps, Gap Years and types of trade (Free Trade, Fairtrade and Back British Farmers)	Years 7 and 8: Introduction to the Well-being Wednesday theme, exploring the impacts of negative social media posts on well-being, how bullying can negatively impact well-being and how challenging bullying can aid positive well-being and exploring the well-being benefits of giving to charity. Years 9-11: Introduction to the Well-being Wednesday theme, exploring the impacts of sharing images online and offensive social media posts, how bullying can negatively impact well-being and how challenging bullying can aid positive well-being and exploring the well-being benefits of giving to charity.	
Week 10: 15/11	Anti-Bullying Assembly	Jen Gray – Assistant Headteacher Pastoral Heads of Year	15-19 th November - Anti-Bullying Week Road Safety Week Shoebox Appeal Collection is November 15 – 22 nd November	Heads of Year Toni Harper -Head of the PSHE Department Dale Mordue– Head of Year 7			
Week 11: 22/11	Cultural festivals	Sherrie Docherty –Head of the Philosophy and Ethics Department					
Week 12: 29/11	Being a global citizen	Rachael Bloomer –Head of the Geography Department Student Ambassadors	1 st December - World AIDS Day	Lottie Thompson and Jo Smith – Teachers of Science			



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Week 13: 6/12	Head of Year Assembly	Heads of Year	11 th December - Christmas Jumper Day for Save the Children	Heads of Year			
Week 14: 13/12	Achievement Assembly	Achievement Co-ordinators	Trussell Trust Food Bank Appeal Deadline	Heads of Year 8-11			
CHRISTMAS							
Week 15: 10/1	School Standards: What does PRIDE mean to you? Student Voice and the Wider School Community	Senior Leadership Team			'How can I keep safe and happy?' - Expertly planned by Toni Harper (Head of PSHE)	The whole school well-being theme will be 'Keep Learning'	Year 7: 'Keeping yourself safe and happy' Puberty and menstrual wellbeing, county lines, first aid, road safety, child criminal exploitation and child sexual exploitation.
Week 16: 17/1	Safeguarding Assembly: Knife Crime and CCE	PC Crane – Schools Liaison Officer	23 rd January - National Handwriting Day	Alison Millington - Literacy Curriculum Lead, Second in English Shelley Devine - Literacy Curriculum Lead, Second in English	Years 7-11 will cover the following topics in an age appropriate manner: Child Criminal Exploitation in terms of knife crime and county lines. Radicalisation and Extremism in terms of early signs and PREVENT. Child Sexual Exploitation in terms of early signs and reporting.	Years 7 – 9: Introduction to the Well-being Wednesday theme, exploring limits in terms of emotions and reacting to targeted information then applying this to the scenario of gambling and exploring Children's Mental Health.	Year 8: Families Committed, stable relationships, marriage and other types of long term relationships, the laws relating to forced marriage and honour based violence, FGM, roles and responsibilities of parents, determining trustworthy sources of information, judging when a relationship is unsafe, to know practical steps to improve and support respectful relationships and domestic violence.
Week 17: 24/1	Holocaust Memorial Assembly	Sherrie Docherty – Head of the Philosophy and Ethics Department Student Ambassadors	27 th January - Holocaust Memorial Day	Sherrie Docherty – Head of the Philosophy and Ethics Department		Years 10-11: In preparation for Topical Thursday students will discuss the importance of safeguarding, trust in relationships, signs of withdrawal in themselves and others, reflecting on who influences them. Students will also re-cap intimate relationships/consent.	Year 9: Online and Media Behaviour expectations online, sharing material online, online risk (including nudes and grooming), reporting material online and managing online issues, the law around sharing indecent images of children, the online world vs the physical world, the laws about online behaviour, radicalisation/extremism, the impact of viewing harmful content and sexually explicit material.
Week 18: 31/1	LGBTQ+ History Month	Laura Munro – Head of Year 9 Sophie Jones – Careers and Learning Lounge Assistant	LGBTQ+ History Month	Laura Munro – Head of Year 9 Sophie Jones – Careers and Learning Lounge Assistant			Year 10: 'How can I keep Safe and Happy?' - Lessons on rotation Session 2 – Intimate and Sexual Relationships: Positive and healthy intimate relationships, consent, health and sex within relationships, managing sexual pressure, alcohol, drugs and choices around sex, managing choices around contraception and how to manage STI's.
Week 19: 7/ 2	Achievement Assemblies	Heads of Year	Children's Mental Health Week	Natalie Wood – Mental Health and Well-being Co-ordinator			
HALF TERM							
Week 20: 21/2	School Standards – Extended Tutor Set	Heads of Year	Empathy Week	Victoria Salt – Assistant Headteacher	'How do I stay safe online?' – Expertly Planned by Chris Rudge (Associate School Leader and Head of Computer Science)	The whole school well-being theme will be 'Take Notice'	Year 7: Online and Media Behaviour expectations online, sharing material online, online risk (including grooming and nudes), reporting material online and managing online issues, the law about sharing indecent images of children, the online world vs the physical world, the laws around online behavior and radicalisation/extremism.
Week 21: 28/2	World Book Day	Alison Millington - Literacy Curriculum Lead, Second in English Shelley Devine - Literacy Curriculum Lead, Second in English Student Ambassadors	3rd March - World Book Day	Alison Millington - Literacy Curriculum Lead, Second in English Shelley Devine - Literacy Curriculum Lead, Second in English	Year 7- 11 will cover the following topics in an age appropriate manner: Age restrictions, content, hoaxes, disinformation and misinformation, fake websites, scam emails, fraud, password phishing, online risk, personal data, persuasive design, privacy settings and unsafe communication, reputational damage, and online vs offline behaviour.	Years 7-8: Introduction to the Well-being Wednesday theme, exploring empathy, recognising early signs of mental-wellbeing concerns, exploring common types of mental ill health and how to access support early.	Year 8: Intimate and Sexual Relationships: Positive and healthy intimate relationships, consent, health, sex and relationships and managing sexual pressure.
Week 22: 7/3	Online Safety and the Law	Designated Safeguarding Leads	National Careers Week 8 th March - International Women's Day 8 th March – Safer Internet Day 11 th March -National Science Week	Fiona Farmer – Careers Leader Charlotte Thomas – Achievement Coordinator for Year 9 Ross Wickens – Head of Year 10 Charlotte Thompson and Jo Smith – Teachers of Science		Year 9-11: Introduction to the Well-being Wednesday theme, exploring empathy and how this can help others, recognising early signs of mental-wellbeing concerns, exploring common types of mental ill health and how to access support early.	Year 9: Families Committed, stable relationships, marriage and other types of long term relationships, the laws relating to forced marriage and honour based violence, FGM, roles and responsibilities of parents, determining trustworthy sources of information, judging when a relationship is unsafe, to know practical steps to improve and support respectful relationships and domestic violence.
Week 23: 14/3	The Online World	Ross Wickens – Head of Year 10	19 th March - Red Nose Day/ Comic Relief	Heads of Year			Year 10: 'How can I keep Safe and Happy?' - Lessons on rotation Session 2 – Intimate and Sexual Relationships: Positive and healthy intimate relationships, consent, health and sex within relationships, managing sexual pressure, alcohol, drugs and choices around sex, managing choices around contraception and how to manage STI's.
Week 24: 21/3	FGM, honour-based Violence and other key safeguarding topics	Designated Safeguarding Leads	World Autism Awareness Week	Rachel Brentley - SENDCO			
Week 25: 28/3	Achievement Assembly	Achievement Co-ordinators					
EASTER							



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Week 26: 18/4	School Standards	Senior Leadership Team	Stress Awareness Month 22 nd April – Stephen Lawrence Day 23 rd April – World Book Night	Natalie Wood – Mental Health and Well-being Coordinator Charlotte Thomas – Achievement Coordinator for Year 9 Alison Millington - Literacy Curriculum Lead, Second in English Shelley Devine - Literacy Curriculum Lead, Second in English	<p>'Religion, Philosophy and Ethics' -Expertly Planned by the Philosophy and Ethics Department</p> <p>Year 7: 'Exploring Religion through the Media' – looking at the key beliefs of Judaism, Kabbalah, Christianity, Islam, Buddhism and Scientology.</p> <p>Year 8: 'Religious Festivals' – Passover Festival, Ramadan Festival and Eid ul-Fitr Festival, Diwali Festival, Wesak Festival and Vaisakhi Festival.</p> <p>Year 9: ' Building on knowledge of World Religions' – Judaism, Christianity, Islam, Hinduism, Buddhism and Sikhism.</p> <p>Year 10: 'Philosophical Problems' – identity, free will and determinism</p> <p>Year 11: 'Big questions' – Reading philosophical texts, such as Sophie's World and answering big questions.</p>	<p>The whole school well-being theme will be 'Be Active'</p> <p>Year 7-8: Introduction to the Well-being theme, an introduction to 'Toot Hill School Health Month' which will explore the importance of self-examination, the benefits of Sun Awareness Week and protection from the sun, the benefits of high quality sleep for health and the benefits of exercise for positive physical and mental health.</p> <p>Year 9-10: Introduction to the Well-being theme, an introduction to 'Toot Hill School Health Month' which will explore the importance of self-examination, the benefits of Sun Awareness Week and protection from the sun, the benefits of high quality sleep for achievement and the benefits of exercise for positive physical and mental health linking to stress.</p>	<p>Year 7: Families FGM, role and responsibilities of parents, determining trustworthy sources of information, judging when a relationship is unsafe, practical steps to improve and support respectful relationships.</p> <p>Year 8: 'Keeping myself safe and happy' Drugs, alcohol and tobacco, first aid, road safety, country lines, child criminal exploitation and child sexual exploitation.</p> <p>Year 9: 'Keeping myself safe and happy' Drugs, alcohol and tobacco, first aid, country lines, child criminal exploitation, child sexual exploitation and first aid.</p> <p>Year 10: 'How can I keep Safe and Happy?' - Lessons on rotation Session 3 – Online and Media – Behavioural expectations online, sharing material online and online risk, including nudes and grooming, laws and impacts around pornography and sexually explicit material.</p>
Week 27: 25/4	Safeguarding Assembly on Radicalisation and other key safeguarding topics	Designated Safeguarding Leads	World Immunisation Week 28 th April – Stop Food Waste Day	Charlotte Thompson and Jo Smith – Teachers of Science Lauren White – Joint Head of the Design and Technology Department			
Week 28: 2/5	VE Day Assembly	Faye Starkey – Head of the History Department	Sun Awareness Week	Toni Harper – Head of the PSHE Department			
Week 29: 9/5	Mental Health Support	Natalie Wood – Mental Health and Well-being Coordinator	Mental Health Awareness Week	Natalie Wood – Mental Health and Well-being Coordinator			
Week 30: 16/5	Healthy Active Lifestyle including Health and Prevention (Personal Hygiene and dental health)	Amelia Hall – Head of the Physical Education Department and Toni Harper – Head of the PSHE Department	Water Saving Week	Rachael Bloomer – Head of the Geography Department			
Week 31: 23/5	Achievement Assemblies	Heads of Year					
HALF TERM							
Week 32: 6/6	School Standards – What do I stand for? - Extended Tutor	Heads of Year	LGBTQ+ Month Carers Week	Laura Munro – Head of Year 9 Sophie Jones – Careers and Learning Lounge Assistant Laura Munro – Head of Year 9	<p>'British Values, Citizenship, Democracy and Government' – Expertly Planned by the Social Sciences Department</p> <p>Year 7: 'Political systems in the UK' - The political system of the democratic government, citizens, Parliament and the Monarch.</p> <p>Year 8: 'The justice system and public/voluntary groups in society' – The nature and law of the justice system and the roles played by voluntary/public institutions in society.</p> <p>Year 9: 'Democracy and the UK's political relations' – Parliamentary democracy, types of non-democratic and democratic systems around the world and the UK's global relations.</p> <p>Year 10: 'Human rights and international law' – UK and international law, diversity in the UK and contribution of citizens.</p>	<p>The whole school well-being theme will be 'Place and Planet'</p> <p>Year 7-8: Introduction to the Well-being Wednesday theme and Carers Week, exploring the benefits of a balanced diet, exploring the benefits of therapeutic landscapes and having a calm environment and discussing how the NHS supports well-being.</p> <p>Year 9-10: Introduction to the Well-being Wednesday theme and Carers Week, exploring the benefits of a balanced diet for achievement and well-being, exploring the benefits of therapeutic landscapes and having a calm environment to aid stress and discussing how the NHS supports well-being.</p>	<p>Year 7: Respectful and intimate relationships Respect, consent, healthy intimate relationships, stereotypes, equality, hate crime, sexual harassment and sexual violence, coercive control and domestic violence.</p> <p>Year 8: Intimate and Sexual Relationships Contraception, sexually transmitted infections, alcohol and drugs leading to risky sexual behaviour, how to access confidential sexual and reproductive advice.</p> <p>Year 9: Intimate and Sexual Relationships Alcohol and drugs leading to risky sexual behaviour, how to access confidential sexual and reproductive advice, reproductive health, fertility and menopause and pregnancy and the choices available including abortion.</p> <p>Year 10: 'How can I keep Safe and Happy?' - Lessons on rotation Session 3 – Online and Media – Behavioural expectations online, sharing material online and online risk, including nudes and grooming, laws and impacts around pornography and sexually explicit material.</p>
Week 33: 13/6	LGBTQ+ Month	Laura Munro – Head of Year 9 Sophie Jones – Careers and Learning Lounge Assistant	Healthy Eating Week	Natalie Wood – Mental Health and Well-being Coordinator			
Week 34: 20/6	Political Parties in the UK	Lee Murphy – Lead Teacher of KS4 History Student Ambassadors	Schools Diversity Week 23 rd June - Women In Engineering Day	Heads of Year Richard Walters – Leader for Pathways in STEM			
Week 35: 27/6	Leaders of the future	Michaela Middleton - Head of the Social Sciences Department Student Ambassadors	3 rd July – World Textiles Day	Beth Carter – Head of the Art Department			
Week 36: 4/7	Student Led Assemblies	Heads of Year	4 th July – NHS Birthday	Natalie Wood – Mental Health and Well-being Coordinator			
Week 37: 11/7	Student Led Assemblies	Heads of Year					
Week 38: 18/7	Achievement Assemblies	Achievement Co-ordinators					
Week 39: 25/7	Review of the Year	Heads of Year					