

Assessment Criteria

"I have just observed the performer who is a _____ in the sport of _____. I observed the following:"

Strengths & Weaknesses

Strengths [Skills, Tactics, Fitness] [Identify --> Why --> Outcome]



Weaknesses [Skills, Tactics, Fitness] [Identify --> Why --> Outcome]



Performance

How successful was performance?



Prioritise Weakness

Major Weak Skill:

Justify:

Overall success of performance:



Action Plan

Coaching Points – Perfect Model

P - ✓

E - ✓

R - ✓



Technical Knowledge – Progressive Practices [Detailed Drill / Coaching Points / Success Criteria /Time Scale]

Baseline Test:

1. Drill	CP	SC	TS
2. Drill	CP	SC	TS
3. Drill	CP	SC	TS
4. Drill	CP	SC	TS
5. Drill	CP	SC	TS
6. Conditioned Game	CP	SC	TS

Measure Improvement :



Time Scale [Weeks: Days: Sessions: Duration:] * **Justify Timescale-**

Theory Application

A. Justifies evaluative comments and action plan with appropriate application of relevant theoretical knowledge and concepts

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