**Contemporary Issues in Physical Activity and Sport**

**Routes into Sporting Excellence**

**Key Terms**

* **UK Sport –** An organisation whose aim is the development of the country’s sportsmen and women (athletes). It is funded jointly by the government and the National Lottery.
* **Podium (World Class Programme) –** Supporting athletes with realistic medal-winning capabilities at the next Olympic/Paralympic Games (i.e. maximum of 4 years away from the podium).
* **Podium Potential (World Class Programme) –** Supporting athletes whose performances suggest that they have realistic medal-winning capabilities at the subsequent Olympic and Paralympic Games (i.e. a maximum of 8 years away from the podium).
* **Athlete Performance Award (APA) –** Gives money to elite athletes to help fund their living and personal sporting costs.
* **National Institutes of Sport –** Work with coaches and sport administrators to help improve their athletes’ performance. E.g. English Institute of Sport (EIS).
* **Advanced Apprenticeship in Sport (AASE) –** A sport performance programme that provides a structured training and development route across a number of sports for talented young athletes (16-19) who have a real chance of excelling in their sport, either by competing on the world stage or through securing a professional contract.
* **Talented Athlete Scholarship Scheme (TASS) –** Government funded sports scholarship programme, delivered through a partnership between universities and NGBs

**The World Class Programme:**

**1) Podium –**

**2) Podium Potential –**

**Talent ID Process:**

**#Discoveryour…..**

**Phase 1:**

**Phase 2:**

**Confirmation Phase:**

**Pathway Health Check (PHC):**

**The Role of UK Sport (5 main roles):**

**1)**

**2)**

**3)**

**4)**

**5)**

**Funded By:**

**UK Sport**

**Case Studies**

**GB Skeleton Athletes:**

**Jonny Peacock:**

**Name the 4 National Institutes of Sport:**

**England –**

**Scotland –**

**Wales –**

**Ireland –**

**National Institutes of Sport**

**English Institute of Sport Services Provided**

**Where are the EIS High Performance Centres and What Sports do they focus on?**

1. **M**
2. **S**

1. **L**

1. **B**

1. **Uni**
2. **Alexandra Stadium, B**

1. **Lee**

1. **L**
2. **National Badminton Centre, Milton Keynes**

**Why Athletes Drop out of Elite Sport/Programmes?**

**Strategies to Prevent Athletes Dropping Out of Elite Sport/Programmes:**

**The Role of Universities:**

**Advanced Apprenticeship in Sport (AASE):**

**The Roles of Schools, Colleges and Clubs:**

**The Role of Schools, Clubs and Universities in contributing to Elite Sport**

**Past Paper Exam Questions**

1. Outline fours ways the British Education system contributes to elite sporting success (4marks)
2. Explain how the structure of the World Class Performance Pathway supports the development of elite athletes (3marks)
3. Describe the role of the National Institutes of Sport in promoting high level sport in the UK (3marks)
4. Name and describe the role of one national organisation in the UK that supports elite performers at the top of the sports development pyramid (3marks)
5. Describe how UK Sport help to increase sporting excellence (3marks)
6. Describe current measures to increase sporting excellence in the UK by relevant bodies or organisations (5marks)
7. Describe the role of either UK Sport or one of the National Institutes of Sport (3marks)
8. Describe the different sources of funding for high level sport (3marks)
9. Explain how effectively UK Sport and the National Institutes develop excellence in sport in the UK. What does the approach of these organisations tell us about contemporary social factors which influence sport? (10marks)