



Home Learning during self isolation

Y7 RSHE

Week Beginning	Topic(s) taught in school	Oak National Academy Lesson
10 th January	First Aid – CPR	https://classroom.thenational.academy/lessons/cpr-6mv38d
17 th January	First Aid – Defibrillators	https://classroom.thenational.academy/lessons/defibrillators-aeds-6wvk8d
24 th January	Puberty	https://classroom.thenational.academy/lessons/exploring-puberty-c8w3gt
31 st January	Menstrual Health	https://classroom.thenational.academy/lessons/menstrual-health-expectations-and-period-products-ccv64d
7 th February	Unsafe relationships	https://classroom.thenational.academy/lessons/recognising-unsafe-relationships-in-others-68v3ct