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| **Long Term Plan** | Our Year 10 Personal Development curriculum is carefully designed to allow students to explore their beliefs as well as challenge their own and others’ views. Our students will build on their knowledge to ensure that they can make well informed decisions to keep themselves and others safe. |
| **Learning Cycle** | **Key Concepts and Themes** | **Vocabulary** | **Notes** |
| **Year 10: Personal Development**  | **HT1** | Respectful, Intimate and Sexual Relationships | * Positive and healthy intimate relationships – different types of intimacy – readiness and enthusiastic consent
* Managing pressure and coercion – Strategies to manage strong emotions associated with different stages of relationships – risk taking (house party, field party, first time)
* The impact of pornography – the role of pleasure in intimate relationships and the impact of pornography on people’s expectations – exploring pornography individually and in relationships
* Contraception and STIs – Specific STI’s, their transition and reducing barriers to sexual health services – Safe contraceptive choices
* Pregnancy and choices – Healthy pregnancy and lifestyle choices impact on foetus – wider perspectives on abortion American Law vs British Law
* Parenthood – The importance of parenting skills and qualities for family life – being a teenage parent
 | Assault, sexual assault, coercion, blackmail, stalking, harassment, mutual respect, sexual norms, coercion, intimacy, mutual respect, withdraw consent |  |
| **HT2** | The World Around Me: The Value of Life | * Religious Teachings on the sanctity of life – Humanist views on the values of life and the right to life (Universal Declaration of Human Rights)
* Abortion – UK law, pro-life arguments, pro-choice
* Euthanasia – Law in the UK vs internationally, voluntary vs involuntary, arguments for and against
* Animal testing – UK law, differences between humans and animals, arguments for and against
* Cosmetic surgery – types and procedures, pressures of media, Islamic Views, Christian views
* Speciesism – animal rights laws in UK, work of PETA, exploring veganism and vegetarianism
 | Humanists, abortion, pro-life, euthanasia, cosmetic, speciesism |  |
| **HT3** | The World Around Me: Careers | * Reflecting on transferable skills
* Writing CV
* Interview Day preparation
* Work Experience Preparation
* Careers of interest
* Post-16 options
 | Transferable skills, CV, work experience, vocational, technical, Post-16 |  |
| **HT4** | Online and Media | * Online vs offline behaviour (CCE and CSE)- identifying risk and personal safety – being involved in a gang personally and as a group of friends
* Laws around online behaviour – different motivation and contexts in which sexual images are shared – deformation of character and employment checks
* Radicalisation/Extremism/Organised Crime – Strategies to support younger peers when they are in positions of influence – Organised crime and cyber scams
* Sexually explicit material – sexting and receiving images: revisiting the law and consequences – upskirting
 | Grooming, harassment, radicalisation, indecent, censorship, stalking, distorted,  |  |
| **HT5** | The World Around Me: Law Creation  | * The importance and history of human rights
* The legal system in the UK, different sources of law and how the law helps society with complex issues
* Judicial precedent and statutory law making
 | Human rights, legal system, judicial precedent, statutory |  |
| **HT5** | Online and Media | * Building positive online reputations
* The right to privacy
* Data protection and data storage
 | Online reputation, privacy, data protection, GDPR |  |
| **HT6** | The World Around Me: International Finance | * Currencies and exchange rates
* Imports and UK trade
* Exports and UK trade
* International competitiveness
 | Currency, exchange rate, exports, imports, international competitiveness |  |
|  | **HT6** | Keeping Safe and Happy | * Drugs, alcohol and tobacco – consequences of substance misuse – helping a friend with drug addiction
* First Aid – Basic first aid (CPR, use of defibrillators, common injuries, cuts and burns)
* Road Safety and Water Safety – drink driving, seatbelts, mopeds, scooters
 | Physiological effect, Prescription, Alcohol misuse, Primary survey, CPR, Defibrillators |  |
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|  |  | **Skill Development** | * Identifying thinking traps
* Resilience
* Managing risk
* Identifying and accessing support
* Self-regulation
 | * Clarifying own values
* Developing a healthy self-concept
* Building and maintaining healthy relationships
* Decision making
 | * Empathy and compassion
* Respect for others
* Valuing diversity
* Assessing the validity and reliability of information
* Managing peer influence
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