

Lunch Time Main Meals – week commencing: Cycle 2 2016/17

MAIN COURSE £2.60. DESSERT 85p. TWO COURSE MEAL DEAL £2.90.				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Chow Mein Broccoli / Sweetcorn Red Pepper & Spinach Lasagne Broccoli / Sweetcorn	Lamb Moussaka Green Beans / Baked Vegetables Vegetable Curry (GF) Rice / Naan Bread Green Beans / Baked Vegetables	‘Carvery Style Roast’ Choice of Roast Meats (GF) with Accompaniments Braised Quornballs in Gravy Yorkshire Pudding Chefs Selection of Potatoes & Vegetables Gravy / Gluten Free Gravy	Nottingham Burger / Nottingham Cheese Burger in a Bun Chipped Potatoes / Baby Boiled Potatoes Baked Beans / Coleslaw Mixed Salad Stuffed Mushrooms Chipped Potatoes / New Potatoes Baked Beans / Coleslaw Mixed Salad	Salmon Pasta Bake Broccoli / Sweetcorn Mixed Salad Quorn Bolognaise (GF) Pasta / Jacket Potato Broccoli Sweetcorn Mixed Salad
<i>A choice of <u>ONE</u> from the following selection:</i> Fresh Fruit, Fruit Jelly, Fruit Salad, or the Dessert of the Day				
Apple Pie Custard Shortbread Crème Brûlée (GF)	Chocolate Sponge Chocolate Sauce Raspberry Bun Eton Mess (GF)	Apple & Berry Oaty Crumble Custard Gingerbread Slice Bottomless Fruit Cheesecake (GF)	Chocolate Rice Pudding Fruity Flapjack Fruit Panna Cotta (GF)	Citrus Sponge Custard Chocolate Cornflake Slice Berry Crème Brûlée (GF)