DISHES AND THEIR ALLERGEN CONTENT – Toot Hill School Spring Summer 19 – week 3

DISHES						Lupin Flour	Milk		MUSTARD			SESAMO		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cumberland Sausage Ring		√ Wheat												✓
GF sausage														✓
Quorn Vegan Sausage		√ Wheat												
Mashed Potatoes							✓							
Buttered cabbage							✓							
							✓							
Beef Bolognaise							(cheese							
)							
Spaghetti		√ Wheat											✓	
Mac n cheese		√ Wheat					1							
Garlic bread		✓ Wheat					may							
Buttered new potatoes							✓							
Chicken & ham Cottage Pie		✓ Wheat					1							
Vege cheese Frittata				✓			1							
Roasted new potatoes														
Southern Fried Chicken	✓	√ Wheat					1							✓
Halloumi Burger							1							
Bread Bun		√ Wheat												

Review date: 7 May 2019 Reviewed by: AJ

